

New Year Syllabus 4 Quarterly Modules

1. Creating from the Inside Out

"Mind only" is a concept found in both Hinduism and Buddhism (Chitta matra). According to this concept, the world doesn't exist without the mind. We can explain this concept through the equation $M=PW$, in which M is the mind and PW stands for the Phenomenal World. Quantum Physics is now coming to the same conclusion: **the observer creates reality**. You are the observer, and you create your reality based on your thinking process.

Another aspect is clarity. Clarity and creation go together. Most people are unable to create because of:

- Lack of clarity in thinking
- Lack of clarity in envisioning the future
- Lack of clarity about skills
- Lack of clarity of action plan

Subtopics:

Creative Visualization

Einstein meditated on light and created major breakthroughs in physics. He said imagination is better than intellect. Tesla created experiments and inventions in his mind before he created them outside. Creative visualization is the key to creating an outrageous life; provided you involve the pineal gland, which is the 3rd eye, in your creative visualization, then you will understand that your imagination is not that different from reality and that you can think and manifest without constraints.

Faith as Utter Positivity

Jesus said you can move mountains if you have but a little faith—a mustard seed size faith. All miracles He did were based on faith. However, faith is often misunderstood as something religious. Dr. Pillai's definition of faith is "utter positivity without any doubt". If you have faith that you will be a millionaire, you will. If you have faith you will be cured, you will. However, faith can oftentimes be challenging to have and maintain. Dr. Pillai will reveal exclusive teaching and meditations to develop faith and positivity.

The Viewed Is the Viewer (V-V).

Yoga Vasistha and Quantum physics talk about the same principle— the observer creates reality. There is no objective reality independent of your thoughts. You are creating your reality every moment; however, you are not conscious of this process. Dr. Pillai calls this the V-V principle: the viewed is the viewer. If you see poverty, disease, or failure, you are creating it, and you can also change it, provided you understand the hidden mechanics and take control of the process (*this is in Intermediate Level*).

Sound Solutions: Sounds Create Both Matter and Consciousness

The Bible says, in the beginning, was the word. God created the world with the word. Sound creates. You will learn how to use sound in its most subtlest and potent form, as nada frequencies, which have the power to transform thought into three-dimensional matter.

Fundamental Level Techniques:

Ah Meditation

The Ah Meditation is a technique to manifest what you want in life. Dr. Pillai first taught it to Wayne Dyer, who popularized it through his book, *Manifest Your Destiny*, which he dedicated to Dr. Pillai as “Guruji.” Dr. Pillai will reintroduce this technique in an updated version to empower you to manifest your thoughts by converting your creative power into material manifestations.

Shreem Brzee Mantra

The sound Shreem Brzee works in two ways-spiritually and also scientifically. Shreem Brzee fundamentally changes your karma and mindset by changing the life force which is the soul within you. Scientifically, the sound makes a tremendous impact on your psychology and biology. So you will learn how Shreem Brzee can create wealth by changing your mind, brain, and soul.

Phonemic Intelligence (PI) Technique

Dr. Pillai will introduce you to Phonemic Intelligence, a scientific technique He developed for whole brain activation. The sounds used in PI are designed to give omniscience and omnipotence. They give you the primordial intelligence available at the level of the subatomic particles.

Intermediate Level Techniques:

Arakara mantra

Ara Kara is a quantum sound for manifestation that puts you in the domain of all possibilities. Activate thought manifestation with an initiation into Ara Kara.

Yoga Vasistha Teaching and Observed is the observer

Quantum physics has discovered that the universe does not exist without a conscious observer. ‘Observed is the observer’ means that you as the Observer are creating your reality. But how do you live the Observer’s reality? You will learn Yoga Vasistha methods for living the Observer consciousness.

2. Cleansing Negativity

Why do you fail? It is primarily due to negativity. Negativity is jealousy, inferiority complex, stupid thoughts, fear, and goofy thoughts. All these come under the definition of negativity. Once you begin to live the moment and get rid of your negativity, you will see all the doors opening, and highly fulfilling, and productive thoughts coming to you, and you will have no anxiety. The only thing that you should not do is to become a victim of negativity.

Subtopics:

Parental Influence through Soul Genetics

Parental negativity is a key reason why many people are not succeeding. It is not necessarily the immediate parents but can be your great-great-grandparents as well. The ancestors are closest to you at the level of the soul, and you are thinking their thoughts as much as you are thinking yours. Soul Genetics is a science of the Golden Age that Dr. Pillai has developed over the past two decades to help you become free of the invisible influences of your ancestors that are limiting you.

Genes (Biogenetics)

Your ancestors are part of your DNA. This also plays a major role in shaping your thoughts and karma. The body and the senses, and our behavior, are all influenced by our biogenetics. The Siddhas have unique rituals and techniques to help you overcome this limitation to create an intelligent, fruitful, and fulfilled life.

Planetary Influence

Each person is born with a certain destiny. And this destiny is functioning second by second through the planets. Each planet is a particular range of light frequency, and each has a certain impact on our daily life as well as on the major events of our life. Astrology plays a key role in decoding planetary influences and their impact over time. You will receive valuable guidance and strategies to deal with the planetary influences that shape your destiny and fortune.

Inhibiting Negative Thoughts

It all boils down to thought management. You have to consciously inhibit negative, unproductive thoughts. The oxygen-based breathing is primarily responsible for mediocre thoughts along with our karma. The Yogis and Siddhas teach that you can practice pranic breathing instead. Pranic breathing will help change your thoughts and your destiny. You will also learn mantras to develop a more positive mindset.

Fundamental Level Techniques:**Soul Genetics**

A Golden Age science that Dr. Pillai developed to help free people from limitations that arise due to the thought interference that comes from ancestors. Once free of these influences, you can easily progress in all areas.

Mantra from Siva

Siva is the ultimate archetype of light and enlightenment. Dr. Pillai will teach a powerful mantra from Lord Siva to remove karma and ignorance.

Mantra from Agastya

Agastya is considered the foremost of all the Siddhas, who also evolved to the level of Siva himself. He represents the inner soul of every living being. Dr. Pillai will share a special mantra from Agastya for human evolution.

Surrogate Technology: Lime/lemon/coconut/flower

Nature has many secrets that can make human life more fruitful. The surrogate technology uses these secrets of nature to help us deal with negative karma and old thought patterns by absorbing energies that keep us in limitation.

Intermediate Level Techniques:

Mantras from Kakabushunda

Kakabhusunda is the immortal saint who watches over the 4 epoch cycles and is considered a master of Yoga and Pranayama (control of prana). You will learn lightbody and enlightenment mantras from Kakabushunda.

Mantras from Swamimalai Muruga

OM is the sound that created the universe. OM is God. Muruga taught the mantra OM to His father Siva at the powerspot Swamimalai in southern India. Swamimalai Muruga will help you open your third eye and access the highest wisdom of OM.

3. Embodying Your GodSelf

The ultimate message is that 'You are God.' "If I am God, why am I poor? Why are things not working for me? Everywhere relationships are bad, money is bad, health is bad, job is bad - everything is bad." Not for everyone, but at least that is how most people feel. Are they God? They are Gods too. But then they don't know that they are Gods. How do you know that you are God? How do you embody your true GodSelf?

Subtopics:

Individual soul — understanding your individual soul

What is the location of the individual soul in the brain? How does the individual soul lose its GodSelf and become identified with its lower self? The individual soul is also God. Dr. Pillai will reveal information on the fall of the individual soul from its GodSelf and how you can reclaim your true identity with God.

God Genetics - Supersymmetry

Everything is perfect. God made man in his own image. However, we have lost touch with that truth due to the fall. We fell from wisdom to knowledge. Wisdom or Arul will re-establish our God Genetics, transforming our animal mind and body into light. Light, God, and Supersymmetry are all synonymous. When you are in Super Symmetry, you will think and manifest from your higher GodSelf.

Unconditional Love

Love is the highest intelligence and creativity. Swami Ramalingam emphasized love as the only prerequisite to gaining infinite intelligence and infinite power. You will learn the power of identifying yourself with another as one, not two. Unconditional love will replace your ego and take you to the domain of grace and miracles.

Selfless Service

It is very important to commit yourself to living for a higher cause in the Golden Age. You will accelerate your evolution and that of the planet faster when you engage in selfless service. Feeding the poor is the fastest way to gain God's grace. When you give to others, you gain more than them. Why? Because you are doing God's job. It is God's job to take care of people, and when you do God's job, then grace descends on you.

Fundamental Level Techniques:

Pituitary Gland Meditation

The human soul and mind are deeply linked with the pituitary gland. Dr. Pillai will guide us in a unique meditation to reconnect with our soul intelligence in the pituitary gland.

Muruga's mantra

Muruga is the God of the 3rd eye and the highest wisdom. He represents not just wisdom but action and the ability to do miracles. Dr. Pillai will initiate you into Muruga's mantra for Siddhi powers and miracles.

Solomon's mantra

Solomon is considered to be the wealthiest king who ever lived. He was also a spiritualist who worked directly with the Goddesses. Dr. Pillai will reveal King Solomon's mantra to empower you to re-activate your divine consciousness.

Intermediate Level Techniques:

Different pituitary mantras of Muruga

Muruga is the master of the brain. The pituitary is a very important organ for human thinking. It controls human limitations as well as the ability to be unlimited. You will learn different Muruga mantras to unblock the soul intelligence in the pituitary and transform your human mind.

Pituitary and pineal link mantras

The pineal represents the mind of God and the pituitary, the human mind. Linking the pineal with the pituitary will help you to live both the divine and the mundane together, empowering you to live a very balanced life.

4. Outrageous Thinking

You have a goal to make a lot of money quickly, but then the problem is your rational brain doesn't believe that. Your rational brain believes only making a small amount of money just to get by, and for you making a small or reasonable income is more real than to live the dream of your heart. All this is because of the karmic mind. What Einstein has said in the field of Science is also true in the field of life—you cannot solve a problem with the same kind of mind that created it. You have to get out of the box, get out of the mind. And when you get out of the mind, there is great intelligence that will help you create an outrageous reality.

Subtopics:

Thought Evaluation

Every minute we are bombarded by 35-50 thoughts and most of them are uncreative, unproductive, and negative. If you examine yourself, you have been thinking the same thoughts over and over again for several years. Thought evaluation will play a very important role in breaking the robotic thinking habits of the mind and consciously creating productive thoughts.

Cultivating Super Thoughts

Super thinking is in the domain of the Divine. Jesus said with his father, everything is possible. To cultivate super thoughts, you have to completely suppress your logical mind, your concept of cause and effect, and your concept of time. When you transcend all these categories, then Super Thoughts can freely flow. You don't need a cause at all to create an effect. You can create an effect without a cause; again, that belongs to the Divine domain. Dr. Pillai will teach special sounds that will give you the ability to cut down mediocre human thinking and support super thinking.

Out-of-the-Box Thinking

The karmic mind is the mediocre mind. We are typically driven by fear and anxiety, giving us a very mediocre reality. On a daily basis, you should examine yourself about your thoughts, and if you analyze your thinking, most of them are out of fear, out of insecurity, out of anxiety. So, fear, insecurity, and anxiety, they all join together and then don't allow you to go to unlimited thinking.

Bypassing Time

The biggest flaw in human thinking is we want things later on and not in the Now. Why? Because we are accustomed to thinking that we have to wait a whole month and get paid at the end of the month. Everything takes time. And we cannot even think of having something in the Now. Why are things not happening in the Now? You can compress time. So why do you want to say I want to build my business or house five years from now? It can be Now. The only time that is there is the Now. If you want to do anything now, do it now. But don't create time.

Fundamental Level Techniques:

Solomon's Songs

King Solomon represents both material wealth and evolution. He was a great devotee of God and would often speak directly to God. Learn Solomon's songs to access his wisdom to create a divinely blessed life of wealth and evolution.

Venkateshwara Srinivasa mantras

Venkateshwara or Srinivasa is the ultimate archetype of wealth. He is the form of Vishnu popularly called Balaji. He represents unlimited wealth. Dr. Pillai will initiate you into Venkateshwara mantras to imbibe His incredible wealth blessings.

Intermediate Level Techniques:

Key Solomon songs and yantras

King Solomon gained both the highest wisdom and the greatest wealth using spiritual technologies. He depended on God 100% and was in communication with God. You will learn sacred geometry and songs of Solomon that will enable you to access God energy and manifest wealth.

4 Kubera mantras

Kubera is the banker in heaven. He is one of the primary archetypes in charge of giving you incredible wealth. You will be initiated into mantras of Kubera for accessing His energy to attract wealth.